





# 12-Hour Paediatric First Aid Course Syllabus

### Day 1

### Introduction & Ice Breaker

### Question & Answer Paper

- The Law & Your Role
- The First Aid Kit
- Accident Recording
- Emergency Numbers

### Bleeding

Burns & Scalds

Sprains & Strains

BREAK—15 Minutes

CPR & Defibrillator (DR ABC)

LUNCH—30 Minutes

Secondary Assessment
The top to toe survey
The Recovery Position

### BREAK—15 Minutes

### Foreign Bodies

- Choking (The choking vest)
- Ears, Eyes & Nose
- Bites & Stings

### Eye Injuries

Re-Cap— Q & A Session

### Day 2

### Causes of Unconsciousness (FISH SHAPED)

- Fainting
- Infantile Convulsions
- Stroke
- Hot & Cold
- Shock
  - Blood Loss
  - Electric
  - Anaphylactic
    - Epi~Pen

### BREAK – 15 Minutes

- Head Injuries
- Asphyxia
  - Including Asthma
- Poisons
- Epilepsy ~ Seizures
- Diabetes

### LUNCH—30 Minutes

### Childhood Illness

- Croup
- Chickenpox
- Meningitis
- Sickle cell Anaemia

### BREAK—15 Minutes

### Fractures

- Inc. Neck & Back Injuries
- Inc. Spinal Log Roll

Re-Cap— Q & A Session

## Thank you for using M.E.T. Services

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